

## Value of Athletic Trainers in Secondary Schools

### Treat Injuries/Illness Properly

- Effective concussion education
- Appropriate identification and treatment of heat-related illness

### Achieve Cost Savings & Reduce Liability

- Decrease health care costs of more than 50%
- Develop recommendations for institutional risk management policies and procedures

### Injury Prevention and Improved Return to Sport

- Schools with an AT report fewer injuries

### Support Student Athletes' Academic Success

- Reduce time away from class with on "campus" rehabilitation and injury evaluation



**BUILT FOR THIS**

## Illinois Athletic Trainer Data

- Only 58% of IHSA schools have AT Services (National average= 64%)
  - 31% Full time
  - 27% Part time
- 42% of IHSA Schools have NO AT services (National average = 34%)
- IL Border State AT Access Data
  - Indiana - 83%
  - Iowa - 77%
  - Wisconsin - 73%
  - Missouri - 52%

**MAKE ATHLETE HEALTH & SAFETY A PRIORITY!!!**

SCAN QR CODE BELOW FOR MORE INFORMATION ON HIRING AN ATHLETIC TRAINER FOR YOUR SCHOOL/SCHOOL DISTRICT.



Illinois Athletic Trainers Association  
[www.illinoisathletictrainers.org](http://www.illinoisathletictrainers.org)



## Athletic Trainer Hiring Models



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## Current AT Hiring Practices

### Teacher / AT

- Original model of schools hiring AT's
- Increasingly difficult due to AT educational changes
- AT = paid STIPEND / season worked
- Individual becomes part of school climate
- Teach/Create Sports Medicine Class

### Clinic Outreach

- Some Physical Therapy Clinics and/or Orthopedic practices hire Athletic Trainers.
- Have formal bid process based on needs of school/school district
- School pays clinic, who provides the AT services.
- Creates community based health care

### Stipend Only

- AT is paid Stipend ONLY per season worked
- Make full time by hiring as part of in-building support staff contract.
- Similar to Teacher/AT model w/o teaching license.

## Current AT Hiring Practices

### Direct Full Time Hire

- 12 Month position– Head Only
- Placed on Modified Teachers Union CBA
- Assistant AT's become stipend based or outreach contract.
- Can also be placed on modified administrator salary schedule.

### Hospital Outreach

- Similar to Clinic Outreach Model
- Hospital healthcare systems hire AT's for outreach purposes
- District creates contract to fit needs of school/ school district.
- Creates community based health care

## Current AT Hiring Practices

### National Grant Programs

Korey Stringer Institute– University of Connecticut

### innovATE Project

- To increase access to medical care to secondary school athletes in underserved communities through the provision of funding, advocacy, education, mentorship and strategic support.
- Entering 3rd cohort
- Timeline to apply
  - October 2022– Pre-application
  - February 2023– Full Application
  - March 2023– Funding decision made



<https://ksi.uconn.edu/outreach/innovate/>

The secondary school athletic trainer provides a unique and qualified skill set to help meet the need of student athlete care and safety. Relying on coaches, administrators, or volunteers to provide these types of services puts the athlete, school and its employees at risk.

